

Sit down

Music & Lyrics: Victoria Milner

Passionately ♩ = 118

Verse 1

The musical score is written in treble clef with a key signature of two sharps (F# and C#) and a 4/4 time signature. It consists of five staves of music. The first staff begins with a double bar line and a repeat sign, followed by a box labeled 'Verse 1'. The notes are: a whole rest, a whole rest, a quarter note G4, a quarter note A4, a quarter note B4, a quarter note C5, a quarter note B4, a quarter note A4, a quarter note G4, and a quarter note F#4. The lyrics are: 'Sit down, sit down, sit down'. The second staff starts at measure 4 and contains: a quarter note G4, a quarter note A4, a quarter note B4, a quarter note C5, a quarter note B4, a quarter note A4, a quarter note G4, a quarter note F#4, a quarter note G4, a quarter note A4, a quarter note B4, a quarter note C5, a quarter note B4, a quarter note A4, a quarter note G4, and a quarter note F#4. The lyrics are: 'and take your rest. Sur-rouned by your friends,'. The third staff starts at measure 8 and contains: a quarter note G4, a quarter note A4, a quarter note B4, a quarter note C5, a quarter note B4, a quarter note A4, a quarter note G4, a quarter note F#4, a quarter note G4, a quarter note A4, a quarter note B4, a quarter note C5, a quarter note B4, a quarter note A4, a quarter note G4, and a quarter note F#4. The lyrics are: 'you're truly blessed. Za-chor v'-sha-mor,'. The fourth staff starts at measure 12 and contains: a quarter note G4, a quarter note A4, a quarter note B4, a quarter note C5, a quarter note B4, a quarter note A4, a quarter note G4, a quarter note F#4, a quarter note G4, a quarter note A4, a quarter note B4, a quarter note C5, a quarter note B4, a quarter note A4, a quarter note G4, and a quarter note F#4. The lyrics are: 'we re-mem-ber and we pray for this joy-ful gift'. The fifth staff starts at measure 16 and contains: a quarter note G4, a quarter note A4, a quarter note B4, a quarter note C5, a quarter note B4, a quarter note A4, a quarter note G4, a quarter note F#4, a quarter note G4, a quarter note A4, a quarter note B4, a quarter note C5, a quarter note B4, a quarter note A4, a quarter note G4, and a quarter note F#4. The lyrics are: 'of Sab-bath day.' The score ends with a double bar line.

D Em D/F# Em Verse 1 D Em

— Sit down, sit down, sit down

4 D/F# Em D Em D/F# Em D Em

— and take your rest. Sur-rouned by your friends,

8 D/F# Em D Em D/F# Em

you're truly blessed. Za-chor v'-sha-mor,

12 A D Bm G

— we re-mem-ber and we pray for this joy-ful gift

16 A To Coda D Em D/F# Em

— of Sab-bath day.

Verse 2

19 D Em D/F# G D Em D/F# G

Put a - side__ your wor-ries and your__ cares. You

23 D Em D/F# G D A7/C# C B7

know the price was paid, you've done your__ share.___ Za -

27 C A/C# D Em7

chor__ v' - sha-mor,__ we breathe in the can - dle - light.

31 G A D

Brought to - ge - ther on__ this Sab - bath__ night.

34 [Ch] G/C D

And we sing: Shab-bat,__ Shab-bat,__ Shab bat__ sha - lom.

38 Em Cmaj7 D

The peace of the Sab-bath_ night_ is like com-ing__ home.

Sit down

42 Cmaj⁷

Shab - bat,___ Shab - bat,___ Shab - bat___ sha -

45 D Em G

lom._____ I join my voice to yours, (and)

49 1. A D Verse 2 instrumental Then Chorus

and I'm not a - lone._____

51 2. Asus⁴ Bm A D.S. al Coda

I'm___ not_ a - lone.____ Sit down,

CODA ⊕ 56 D Em D/F# Em D Em

day. Sit down,___ sit down, sit down.

59 D/F# Em D Em D/F# Em D rit.

— Sit down,___ sit down, sit down.____ Shab - bat sha - lom.