

# PRAYER OF THE HEART – Adonai Roi (Psalm 23)

Music: Gerald Cohen

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A-do-nai ro-i, lo ech-sar.  
Bin-ot de-sheh yar-bit-tzei-ni,  
Al mei m'nu-chot, al mei  
M'nu-chot y'na-ha-lei-ni  
Naf-shi y'sho-veiv, y'sho-veiv  
Yan-chei-ni b'mag-'lei tze-dek  
Yan-chei-ni b'mag-lei tze-dek,  
L'ma-an sh'mo  
Gam ki ei-leich b'gei tzal-ma-vet  
Lo i-ra ra ki a-tah i-ma-di  
Shiv-t'cha u-mish-an-te-cha  
Hei-mah y'na-cha-mu-ni

Ta-a-roch l'fa-nai, l'fa-nai  
Shul-chan ne-ged tzo-r'rai  
Di-shan-ta va-she-men ro-shi,  
Ko-si r'va-yah ach tov  
Va-che-sed yir-d'fu-ni  
Kol y'mei cha-yai,  
Kol y'mei cha-yai  
V'shav-ti b'veit A-do-nai,  
L'o-rech ya-mim  
A-do-nai ro-i, lo ech-sar.

## Traditional translation:

*Eternal God, You are my shepherd, I shall not want. You make me lie down in green pastures. You lead me beside still waters. You restore my soul. You lead me in right paths for the sake of Your name. Even when I walk in the valley of the shadow of death, I shall fear no evil, for You are with me; with rod and staff You comfort me. You have set a table before me in the presence of my enemies; You have anointed my head with oil, my cup overflows. Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Eternal God for ever.*

